

Regional NSW

Sport and Active Recreation Plans

Vision

A vibrant and valued sport and active recreation sector that enhances the lives of the people of NSW.

The **Regional Sport and Active Recreation Plans** outline a place-based approach to the planning, investment and delivery of sport and active recreation in each of the nine (non-Sydney) regions of NSW.

The plans aim to achieve the following outcomes by 2023 in Regional NSW:

Increase participation

of adults and children in regular sport and active recreation.

Improved access

to sport and active recreation for everyone in the region, regardless of background or ability.

Integrated performance pathways

for participants in sport.

Fit for purpose facilities

in every region.

Valued regional sporting events

which are valued by the region.

Effective collaboration

within the sport and active recreation sector.

Making it happen

Six key partner groups will be involved in implementing the plans in each region.



To work well within the region, all partner groups should adopt these guiding principles:



Understand the community



Focus on strengths and assets



Work as a team



Learn continuously



Activate leaders



place-based Sport and Active Recreation plans developed after nine regional planning workshops, and nine face-to-face consultation days, with **<500** multi-sector stakeholders.



Community options have been listened to!
Over **280** responses to online consultation on draft plans.



Collaboration between the sport sector and partner groups could grow.



Three Regional Directors appointed to increase leadership capability across the nine regions.

6%

gap in regular physical activity participation between adults in disadvantaged areas compared to advantaged areas of regional NSW.



63% adults (15+ years old) in regional NSW participate in sport 3 times a week.

Data source: AusPlay July 2017 – June 2018

28%

of children in regional NSW participate in sport 3 times a week, outside of school.

Data source: AusPlay 2017 – June 2018

12%

of adults in regional NSW have volunteered once or more to support a sport or club fitness activity in the last 12 months.

Data source: SWI Sports and Physical Activity Results, CAPREE for Department Premier and Cabinet 2018.



Today's kids can't jump as far as kids from 30 years ago – they don't even come close!

Data source: Hardy et al 2017



The number of opportunities to be physically active per capita in regional NSW is not currently known.



Transitions through the FTEM* pathway in regional NSW are not currently monitored.

*Foundations, Talent, Elite, Mastery framework, Australian Institute of Sport (AIS).

4380

registered Active Kids activities (56 types of activities) available to kids in regional NSW. Data source: Active Kids database



There is currently no data available to describe the fit for purpose sport and active recreation facilities in regional NSW.

\$100 mil

invested in improving facilities through the Regional Sport Infrastructure fund.



Opportunities to participate in sport and active recreation might not be reaching priority populations.



Six multi-sport regional sports hubs have been funded for development.

58

parkrun events held weekly across regional NSW with 109 people attending to run/jog/walk every week, on average.

Source: parkrun website, extracted 05/10/2018

55

high value major sport events in regional NSW.

Source: Destination NSW Annual report 2017/18



The value of sporting events in regional NSW is not clear.